

# Orillia Secondary School Newsletter - June 2021

## Character attribute for the month of June

**Responsibility** - we are accountable for our actions, and we follow through on commitments.

More information about character education can be found here:

[www.scdsb.on.ca/about/character\\_education](http://www.scdsb.on.ca/about/character_education).

## SCDSB family updates and contact information

As we continue to plan for the 2021-22 school year, we encourage you to visit the SCDSB website ([www.scdsb.on.ca](http://www.scdsb.on.ca)) and social media channels (@SCDSB on Facebook and Instagram and @SCDSB\_schools on Twitter) for updates and information over the summer months. If you have recently changed your email address, have a new telephone number or have moved, please contact the school directly to update your information on file so that we can communicate with you effectively, efficiently and securely!

## Days of awareness and recognition taking place in June, July and August

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board (SCDSB) has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the months of June, July and August:

|                  |  |
|------------------|--|
| May 30 to June 5 | National AccessAbility Week                        |
| June             | Pride Month  |
| June 20          | Father's Day                                       |
| June 27          | Canadian Multiculturalism Day                      |
| July 15          | World Youth Skills Day                             |
| July 30          | World Day Against Trafficking in Persons           |
| August 9         | International Day of the World's Indigenous People |
| August 12        | International Youth Day                            |

## **Take math outdoors this summer!**

Are you looking for ways to promote and extend your child's math learning in the summer? Take math outside! Many of the everyday summer activities that your child engages in provide opportunities for making math practical through meaningful math explorations!

### Number

- Count collections of objects found in nature or on a scavenger hunt.
- Calculate rates and speed during running, biking and obstacle races.
- Estimate the heights and lengths of natural and manmade objects outside.

### Algebra

- Find examples of growing and shrinking patterns in nature.
- Code your friend. One person is the coder, and the other is the robot. The coder must instruct the robot on how to navigate a path or do a dance around the yard.

### Spatial

- Use a park map to plan a route and travel to a new location.
- Go on a shape hunt and find shapes in the natural environment.
- Examine leaves and other objects to find symmetry.
- Estimate and determine elapsed time of road trips and adventures.

### Data

- Keep a tally of the different types of birds that come to the feeder.
- Track and graph daily temperatures over time.
- Track the growth of plants in a vegetable garden and examine how they change over time.

### Financial Literacy

- Determine a budget and calculate the costs to refresh a garden.
- Set up a lemonade stand and determine costs and sales goals.
- Donate gently used outdoor items that you're done with for others to enjoy.

Have fun adding some math joy to your outdoor experiences this summer!

## **Free Personal Support Worker program** - many employment opportunities available!

The Learning Centres offer an accredited Personal Support Worker (PSW) program, taught by qualified teachers with health science backgrounds. Be finished in six months, receive a PSW certificate and earn up to six secondary school credits! Your diploma is closer than you think. Programs are starting in September at Learning Centres located in Barrie, Midland and Orillia. The program is provincially funded, and a stipend will be paid for clinical co-op placement. Visit [www.thelearningcentres.com](http://www.thelearningcentres.com) for an information session and application requirements.

### **Graduate with a PSW certificate for free!**

If you are a student who needs six or less elective credits to graduate, consider attending the Simcoe County District School Board's accredited Personal Support Worker (PSW) program. Students accepted to the program can earn six elective credits towards their Ontario Secondary School Diploma (OSSD) and their PSW certificate in only six months! Your diploma is closer than you think. Programs are starting in September at Learning Centres located in Barrie, Midland and Orillia. The program is provincially funded, and a stipend will be paid for clinical co-op placement. Visit [www.thelearningcentres.com](http://www.thelearningcentres.com) for an information session and application requirements.

### **COVID-19 Vaccination for Youth 12 - 17 years of age**

As of May 23, 2021, youth aged 12-17 years of age are eligible to schedule a COVID-19 vaccine appointment through the provincial booking system ([www.covid-19.ontario.ca/book-vaccine/](http://www.covid-19.ontario.ca/book-vaccine/)), the Provincial Vaccine Booking Line (1-833-943-3900) or at select pharmacies administering the Pfizer vaccine ([www.covid-19.ontario.ca/book-vaccine/](http://www.covid-19.ontario.ca/book-vaccine/)). To book an appointment online, these individuals must already be 12 years old as of the date of their booking. Information provided by the Simcoe Muskoka District Health Unit

### **Get outside and play!**

Active play does more than help kids to achieve the 60 minutes of physical activity they need every day, it supports their development in many ways – especially when the play is outdoors, self-directed and fun. This allows kids to test boundaries and problem-solve, develop social skills and resolve conflict, and learn to control their emotions and behaviour. Encourage activities that support physical distancing and that fall within current provincial or municipal COVID-19 prevention guidelines.

Active play outdoors in the fresh air and nature also helps to improve mood and lower stress. Support your child to play outside with friends in the neighbourhood and at your local park as much as possible.

Information provided by the Simcoe Muskoka District Health Unit

### **Hot weather has arrived!**

Help your child stay cool during the day by giving them plenty of water and encouraging them to drink even if they're not thirsty. Kids don't sweat or release heat from their bodies as easily as adults, so they can become dehydrated quickly. Dress them in lightweight, light-coloured, loose-fitting clothing and don't forget to put sunscreen on before they head outside.

For more tips to help your family stay cool this summer, visit the health unit's website at [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org) or call Health Connection at 705-721-7520 or 1-877-721-7520. Information provided by the Simcoe Muskoka District Health Unit