

Eligible Activities

The activities listed below were approved by the board in consultation with school councils, the Special Education Advisory Committee (SEAC) and the insurance experts for the completion of the community involvement requirement:

Assistance to Seniors

- Meals on Wheels, except involving the operation of a vehicle;
- snow shoveling, raking leaves, gardening assistance;
- volunteer at a retirement residence;
- gift baskets (e.g. Easter, other special holidays);
- special performances for seniors' homes (i.e. reading, singing, etc.);
- visits to care facilities (i.e. nursing homes, hospices).

Environmental Projects

- community clean-up (sponsored events, beach association events, adopt-a-road etc.);
- recycling program (Green Team outside of school day)
- dune grass planting (conservation project);
- horticulture (garden/horticulture club, planting of flowers, trees; growing flowers for sale);
- arbour day (tree planting).

Charitable and Service Organizations - ([Search charitable organizations](#))

- [Foster Child Program](#);
- [United Way](#);
- [UNICEF](#);
- [Easter Seals](#);
- [Cancer Society](#);
- Heart and Stroke Foundation - Jump Rope for Heart;
- [MS Society](#);
- Terry Fox Foundation;
- fundraising for Women and Children's Shelters; crisis centres;
- Remembrance Day;
- [Starlight Foundation](#) (helping terminally ill children);
- [pop tabs for wheelchairs](#);

- Coats for kids;
- [blood donor clinics](#);
- [COPE Service Dogs](#);
- Bell Kids Help Phone fundraising or ambassadors program;
- charitable stores – Salvation Army Thrift Store, [Habitat for Humanity Restore](#), at churches

Sports and Recreation

- volunteer coaching;
- community activities as part of Scouts, Cubs, Guides, Brownies, Cadets;
- organizing sports and/or recreation activities (after-school tournament, organization hosted event);
- officiating at local sports events (score keeping, timing, etc. for organizations who do not pay for officials).

Specific School-Related Activities

- volunteer teas, employer appreciation events outside school day, hospitality for school events;
- students on school council;
- tutoring;
- helping in elementary schools outside of personal school hours;
- school or neighbourhood projects;
- organizing school events outside of class time;
- student trustees (non-credit).

Community Activities

- special activities - painting windows, window decorating bake sales;
- seasonal festivals, fun fairs, fall fairs, Winterama;
- group home projects;
- entertainment (music in malls, churches);
- marching bands;
- local drama groups (help with sets, participate in productions);
- food bank;
- community organization web site production/maintenance;
- adopt-a-road, adopt-a-hospital, adopt-a-street;
- Lion Quest for community service;

- Welcome Wagon;
- Legion helpers (Remembrance Day);
- church activities (e.g. services, choir, etc.);
- school or neighbourhood projects;
- volunteer work for political parties

Health Facilities

- chronic care hospital visits;
- hospital volunteers (RVH, CGMH, SMH, [OSMH](#), GBGH);
- hospital visits;
- [St. John Ambulance](#) Therapy Dogs